

Inside this Issue: New fleet of Hybrid Cars / Clini-series /AGM / Flu Jab / Staff Appraisal /Diversity & Inclusion Champions /A day in the life of...

## Why SELDOC Healthcare's new hybrid fleet of vehicles get the green light

As well as its commitment to providing excellent services to patients across south-west and south-east London, SELDOC Healthcare is dedicated to operating in as environmentally friendly a manner as possible.

Reducing our emissions is part of our corporate strategy – and our commitment to this was highlighted in a recent staff survey.

This is one of the principal reasons why we have gone green with our new fleet of 10 hybrid vehicles.

### The Toyota Rav 4 was the ideal choice to meet all our requirements

SELDOC undertook a detailed analysis of our options. We decided to lease our new generation of vehicles because, while the cost of doing so was similar to buying them outright, there was the extra advantage of a fully supported maintenance package. That leaves us with more time to focus on our core patient services.

The choice of vehicle was also crucial. We needed reliable 4x4 models to be able to reach patients in all conditions. They had to have plenty of room for a driver, one or two clinicians and all necessary medical supplies. And they had to be environmentally friendly.

We took plenty of input from our drivers, who ultimately made the choice of Toyota Rav 4 automatic self-charging hybrids supplied and managed by Fleet Alliance. Full article on website:

[Press Release \(seldoc.co.uk\)](https://www.seldoc.co.uk/press-release)



## Clini-Series – Mental Health

Dr Kevin Barnett and his team of specialists will be hosting the next clini-series workshop on the **11<sup>th</sup> November 2021 from 7-9pm.**

The event will be an engaging and interactive case-based discussion, exploring the challenges of acute mental health presentations in Urgent Care. The workshop will also cover the Mental Capacity Act. There will also be a Q&A session. All clinicians are welcome to join.

**To register your place, please contact [seldoc.clingov@nhs.net](mailto:seldoc.clingov@nhs.net)**

Please copy this zoom meeting link and add to your diaries:

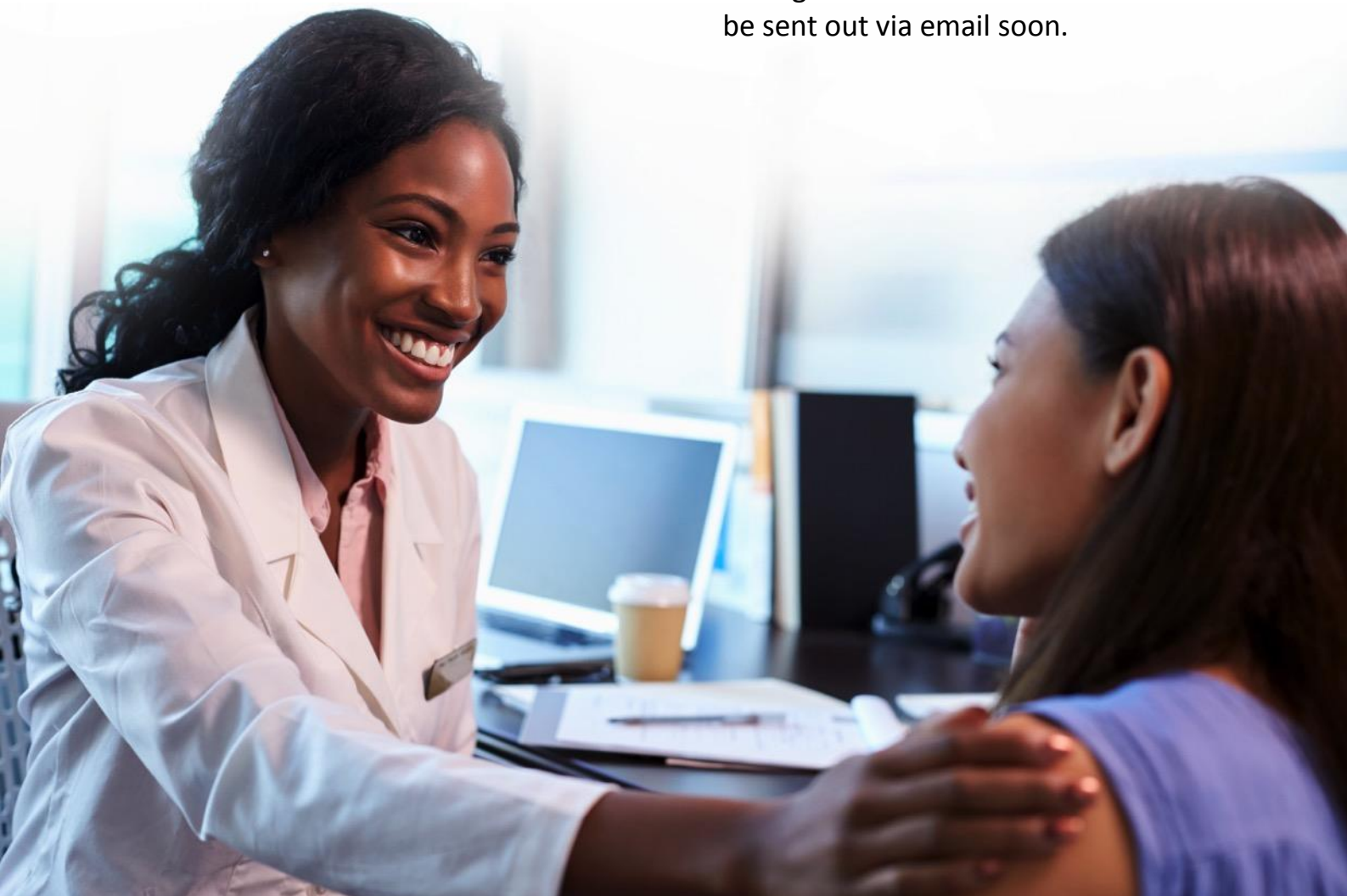
<https://us02web.zoom.us/j/84230026751?pwd=dTZweHkwOGlmdXZKMjllVGozRThOUT09>

## SELDOC Annual General Meeting Wednesday, 6<sup>th</sup> October 2021 7-9pm

The AGM will be held virtually again this year, correspondence and invites will be sent out in the next few weeks. Please add the date in your diary for exciting new updates on our plans and how we are responding to the changing needs of patients.

It was a fabulous turn out last year and we are looking for all GP members and staff to attend.

This year will be our 25<sup>th</sup> anniversary and we will be marking the occasion with some special merchandise. Kerry Melbourne will be in contact with GP Members for arrangements and notifications to staff will be sent out via email soon.





**FLU SEASON JABS**

As with last year during the flu season, we are advising front line healthcare staff to get their flu jab. If for any reason you are unable to get this from your GP, please go to your pharmacy to receive one and SELDOC will reimburse the costs.

Please send an expense claim form to the Finance Team: [selloc.finance@nhs.net](mailto:selloc.finance@nhs.net)

**Staff Appraisal Scheme**

Andre Osborne and the HR team have been working hard behind the scenes to roll out a new performance appraisal process. This underpins our new set of company values and behaviours which can be found on the website. (About Us)

The appraisal guides with video can also be found on the website in the link below:

[Staff Appraisal Process 2021 \(selloc.co.uk\)](https://selloc.co.uk)

Please speak to your line manager if you have any questions.



**SELDOC's Diversity and Inclusion Champions** will be attending the Race Equality seminar on the 14<sup>th</sup> September 1630hrs for Race Equality Week in 2022 hosted by:

<https://www.raceequalitymatters.com/>

Race Equality Week is a UK-wide initiative uniting thousands of organisations and individuals to address barriers to race equality in the workplace.

For more information and to register please use this link:

<https://zoom.us/meeting/register/tJErdumurTlvEtAfGHgdGbWGOgQm1jxxRned>

## A Day in the Life of... Dr Nichola Starkey GP at GSTT @home service

### Describe the role:

The @home GP provides medical support and clinical leadership to the @home service, working within a multi-disciplinary team to manage the caseload of patients currently 'admitted' to @home.

In practice this involves a daily home visit caseload for each GP, leading or participating in the MDM during which all caseload patients are discussed and case-managed and supervising other healthcare practitioners who are developing advanced clinical or prescribing skills.



### What is the first thing you do on arrival at work and what does your typical day look like?

My day starts at 8am, I look up my caseload for the day to determine the urgency of patient visits. I then go through patient notes and check bloods and other results and make any necessary calls to hospital speciality doctors if needed (for example to microbiology if advice on IV antibiotic choice is needed). Before heading out in the car I make sure my bag is packed with fluids, IV antibiotics and cannulation and bloods kits and any other equipment that is needed for a particular patient (i.e. bladder scanner/ECG machine/Neb boxes).

Some days I will meet up with another team member whose development I am supervising and they will join me on visits.

Depending on the day I will dial into the multidisciplinary team meeting to provide feedback on the patients I have seen during the week and/or seek advice from one of the consultant geriatricians who support the service if needed.

At the end of the day I head back to one of the offices to drop off any samples and complete any paperwork.

### What is the key objective when you assess someone?

To provide a holistic assessment to allow prevention of admission to hospital if possible.

### What has been the feedback from patients and from your GSTT colleagues?

Patients love the service, especially those who have been in and out of hospital repeatedly, much preferring to be treated in the comfort of their home.

Our GSTT colleagues have embraced the service and use it to its full potential to allow them to discharge patients from hospital early knowing that their treatment will be completed with the @home team.

## What do you bring to the team that is different from the other members of the team?

Having been with the team from the very beginning when it started as a pilot project, I have seen the service in develop from the ground up.

There is very little I don't know or haven't dealt with in this time. I am even the go to person for challenging Penalty charge notices which are not uncommonly given incorrectly when working in the community!

## How do you relax after a shift?

Weather permitting I take my 2 young children to the park after school and nursery pick up.

## What attracted you to this innovative team?

I was attracted working in such a large and sociable team and also being out and about in the community rather than being glued to my seat in a GP surgery all day.

## What would you say to any candidate seeking to work within our GSTT service, recommending what we do?

One of the best aspects of the role is having the time to truly assess the patients and their needs holistically within their homes.

It is quite different from a typical GP role and as such would fit very well into a portfolio career.

Thank you for reading our first newsletter, if you have any topics you would like to be added in for the next addition, (December 2021) please contact Jacqueline on: [j.o'meara@nhs.net](mailto:j.o'meara@nhs.net)

